

**SouthWest Aquatic Team
SWAT Crawdads**

RECORDS SWAT Team Records

Yards-Girls

8 & U	50 Free	40.55	20-Mar-09	SWAT UT	Keaton Barrow at 2009 Utah Short Course B-C Finale	
	100 Free	49.33	29-Dec-09	SWAT UT	Kamree Kelley at 44th Annual Kearns Holiday Open	
	50 Back	43.88	2-Mar-07	SWAT UT	Daniela Rosbach at 2007 UT SC HAST LAST CHANCE	
	100 Back	1:50.87	13-Jan-07	SWAT UT	Brittnee Westra at OTAC Jan Developmental Meet	
	50 Breast	52.17	23-Feb-07	SWAT UT	Brittnee Westra at Park City Winter Invitational - Feb 2007	
	100 Breast	1:57.14	16-Mar-07	SWAT UT	Brittnee Westra at 2007 Utah SC B-C Finale	
	50 Fly	54.09	19-Dec-09	SWAT UT	Jaydee Guy at 2009 UT CHAT DEC WAS MEET	
	100 IM	1:47.36	20-Mar-09	SWAT UT	Keaton Barrow at 2009 Utah Short Course B-C Finale	
10 & U	50 Free	30.65	18-Mar-09	SWAT UT	J.C. White at 2009 State	
	100 Free	1:09.84	6-Mar-09	SWAT UT	J.C. White at HAST Last Chance Invitational '09	
	200 Free	2:37.32	18-Mar-09	SWAT UT	Hannah Roberts at 2009 State	
	50 Back	36.25	18-Mar-09	SWAT UT	J.C. White at 2009 State	
	100 Back	1:25.13	18-Mar-09	SWAT UT	Brittnee Westra at 2009 State	
	50 Breast	39.87	17-Mar-10	SWAT UT	McCall Kelley at 2010 UT SC JO CHAMPS	
	100 Breast	1:27.15	17-Mar-10	SWAT UT	McCall Kelley at 2010 UT SC JO CHAMPS	
	50 Fly	34.82	18-Mar-09	SWAT UT	J.C. White at 2009 State	
	100 Fly	1:24.30	22-Jan-10	SWAT UT	Hannah Roberts at 2010 EAT New Years Invitational	
	100 IM	1:18.64	18-Mar-09	SWAT UT	J.C. White at 2009 State	
	200 IM	2:54.34	29-Jan-10	SWAT UT	Hannah Roberts at Fish Bowl Classic 2010	
	200 Free Relay	2:21.89	18-Mar-09	SWAT UT	SouthWest Aquatic Team B. Westra, N. Tonge, A. Westra, J. White	
	400 Free Relay	30:00.00	1-Oct-05	SWAT	A A	
	200 Medley Relay	2:33.32	18-Mar-09	SWAT UT	SouthWest Aquatic Team B. Westra, A. Westra, J. White, R. White	
11-12	50 Free	27.96	17-Mar-10	SWAT UT	Liesel Bradshaw at 2010 UT SC JO CHAMPS	
	100 Free	1:02.63	17-Mar-10	SWAT UT	Liesel Bradshaw at 2010 UT SC JO CHAMPS	
	200 Free	2:21.66	15-Mar-06	SWAT UT	Kate Westra at 2006 Utah SC JO Championships	
	500 Free	6:24.20	16-Mar-11	SWAT UT	Hannah Roberts at 2011 Ut SC JO Champs	
	50 Back	34.62	18-Mar-09	SWAT UT	Ciera Orr at 2009 State	
	100 Back	1:13.51	18-Mar-09	SWAT UT	Tiani Orr at 2009 State	
	200 Back	2:46.13	16-Mar-11	SWAT UT	Nicole Tonge at 2011 Ut SC JO Champs	
	50 Breast	35.14	18-Mar-09	SWAT UT	Ciera Orr at 2009 State	
	100 Breast	1:16.64	15-Mar-06	SWAT UT	Kate Westra at 2006 Utah SC JO Championships	
	200 Breast	2:58.10	24-Oct-08	SWAT UT	Courtney Baggett at HASTTrick-or-Treat Meet	
	50 Fly	32.09	17-Sep-10	SWAT UT	Liesel Bradshaw at 2010 UT SYAC END OF SUMMER	
	100 Fly	1:16.64	22-Jan-10	SWAT UT	Sarah Smith at 2010 EAT New Years Invitational	
	100 IM	1:12.29	18-Mar-09	SWAT UT	Ciera Orr at 2009 State	
	200 IM	2:41.36	16-Mar-11	SWAT UT	Brittnee Westra at 2011 Ut SC JO Champs	
	400 IM	5:40.78	15-Mar-06	SWAT UT	Kate Westra at 2006 Utah SC JO Championships	
	200 Free Relay	2:06.69	18-Mar-09	SWAT UT	SouthWest Aquatic Team T. Orr, L. Bradshaw, H. Lindquist, C. Orr	
	400 Free Relay	4:48.11	18-Mar-09	SWAT UT	SouthWest Aquatic Team C. Orr, L. Bradshaw, H. Lindquist, T. Orr	
	200 Medley Relay	2:22.54	18-Mar-09	SWAT UT	SouthWest Aquatic Team T. Orr, K. Wightman, H. Lindquist, C. Orr	
	13-14	50 Free	26.80	22-Feb-08	SWAT UT	Emalee Guy at Park City Winter Invitational - Feb 2008
		100 Free	59.47	17-Mar-10	SWAT UT	Andee Guy at 2010 UT SC JO CHAMPS
200 Free		1:59.37	25-Feb-11	SWAT UT	McKell Fowlks at PCS Winter Invitational	
500 Free		5:35.79	8-Feb-08	SWAT UT	Kate Westra at 2008 UT 5A OBSERVED	
1000 Free		12:15.96	27-Dec-07	SWAT	Kate Westra 2007 Kearns Holiday Open	
100 Back		1:08.74	28-Dec-06	SWAT UT	Alyssa L. Kankamp at 2006 Holiday Open Invite	

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13-14	200 Back	2:25.81	28-Dec-06	SWAT UT	Alyssa L. Kankamp at 2006 Holiday Open Invite	
	100 Breast	1:12.21	8-Feb-08	SWAT UT	Kate Westra at 2008 UT 5A OBSERVED	
	200 Breast	2:36.72	12-Mar-08	SWAT UT	Kate Westra at 2008 UT SC JO CHAMPIONSHIPS	
	100 Fly	1:08.71	10-Feb-06	SWAT UT	Amanda MEMMOTT at 2006 UT SC 5A STATE CHAMPS	
	200 Fly	2:43.02	23-Feb-06	SWAT UT	Amanda MEMMOTT at 2006 UT SC HAST LAST CHANCE	
	200 IM	2:22.29	12-Mar-08	SWAT UT	Kate Westra at 2008 UT SC JO CHAMPIONSHIPS	
	400 IM	5:15.62	12-Mar-08	SWAT UT	Kate Westra at 2008 UT SC JO CHAMPIONSHIPS	
	200 Free Relay	1:55.27	18-Mar-09	SWAT UT	SouthWest Aquatic Team	A. Guy, L. Westra, D. OLSEN, M. Barrow
	400 Free Relay	4:15.64	12-Mar-08	SWAT UT	SouthWest Aquatic Team	E. Guy, M. Barrow, L. Westra, K. Westra
200 Medley Relay	2:11.01	12-Mar-08	SWAT UT	SouthWest Aquatic Team	M. Barrow, A. BAGGETT, K. Westra, E. C	
15-16	50 Free	25.30	12-Feb-10	SWAT UT	Emalee Guy at 2010 UT 5A HIGH SCHOOL OBSERVED	
	100 Free	55.64	12-Feb-10	SWAT UT	Emalee Guy at 2010 UT 5A HIGH SCHOOL OBSERVED	
	200 Free	2:04.13	12-Feb-10	SDAT UT	Kiersty Bradshaw at 2010 UT 5A HIGH SCHOOL OBSERVED	
	500 Free	5:32.90	9-Feb-07	SWAT UT	Alyssa L. Kankamp at 5A State Championships 07	
	1000 Free	11:50.56	28-Dec-09	SWAT UT	Kate Westra at 44th Annual Holiday Open	
	100 Back	1:04.64	12-Feb-10	SWAT UT	Mackenzie Barrow at 2010 UT 5A HIGH SCHOOL OBSERVED	
	200 Back	2:22.61	16-Feb-07	SWAT UT	Alyssa L. Kankamp at 2007 SC UTAH SENIOR CHAMPIONSHIPS	
	100 Breast	1:09.78	12-Feb-10	SWAT UT	Kate Westra at 2010 UT 5A HIGH SCHOOL OBSERVED	
	200 Breast	2:36.14	19-Feb-10	SWAT UT	Kate Westra at Utah SC Senior Championships 2010	
	100 Fly	1:05.20	8-Feb-08	SWAT UT	Amanda MEMMOTT at 2008 UT 5A OBSERVED	
	200 Fly	2:24.27	16-Feb-07	SWAT UT	Amanda MEMMOTT at 2007 SC UTAH SENIOR CHAMPIONSHIPS	
	200 IM	2:16.46	12-Feb-10	SWAT UT	Kate Westra at 2010 UT 5A HIGH SCHOOL OBSERVED	
	400 IM	5:01.65	28-Dec-09	SWAT UT	Kate Westra at 44th Annual Holiday Open	
	15-18	200 Free Relay	30:00.00	1-Oct-05	SWAT	A
400 Free Relay		30:00.00	1-Oct-05	SWAT	A	A
200 Medley Relay		30:00.00	1-Oct-05	SWAT	A	A
17-18	50 Free	25.80	17-Feb-06	SWAT UT	Whitney DIMICK at Feb 2006 PCAT Winter Invitational	
	100 Free	56.68	13-Feb-09	SWAT UT	Amanda MEMMOTT at 2009 UT 5A OBSERVED	
	200 Free	2:03.53	13-Feb-09	SWAT UT	Alyssa L. Kankamp at 2009 UT 5A OBSERVED	
	500 Free	5:32.69	4-Feb-09	SWAT UT	Alyssa L. Kankamp at 2008-2009 Region III Swimming Championships	
	1000 Free	12:18.14	27-Dec-07	SWAT UT	Amy Gray at 2007 Kearns Holiday Open	
	1650 Free	30:00.00	1-Oct-05	SWAT	a	
	100 Back	1:06.02	3-Mar-06	SWAT UT	Whitney DIMICK at Utah Swimming SC Senior Championships 2006	
	200 Back	2:27.84	22-Feb-08	SWAT UT	Rach Kankamp at Park City Winter Invitational - Feb 2008	
	100 Breast	1:09.14	17-Feb-06	SWAT UT	Whitney DIMICK at Feb 2006 PCAT Winter Invitational	
	200 Breast	2:39.48	5-Oct-07	SWAT UT	Amy Gray at 2007 Park City Fall Classic	
	100 Fly	1:03.16	8-Feb-08	SWAT UT	Amy Gray at 2008 UT 5A OBSERVED	
	200 Fly	2:37.52	27-Feb-09	SWAT UT	Amanda MEMMOTT at Park City Winter Inv. - Feb 2009	
	200 IM	2:20.02	4-Feb-09	SWAT UT	Amanda MEMMOTT at 2008-2009 Region III Swimming Championship	
	400 IM	5:10.11	27-Dec-07	SWAT UT	Amy Gray at 2007 Kearns Holiday Open	

SouthWest Aquatic Team SWAT Crawlads

RECORDS SWAT Team Records

Yards-Boys

8 & U	50 Free	36.04	18-Jul-08	SWAT UT	Noah S. Housley at PCAT Last Chance Meet
	100 Free	1:22.76	18-Jul-08	SWAT UT	Noah S. Housley at PCAT Last Chance Meet
	50 Back	48.73	22-Feb-08	SWAT UT	Noah S. Housley at Park City Winter Invitational - Feb 2008
	100 Back	1:42.85	7-Mar-08	SWAT UT	Noah S. Housley at 2008 UT SC BC CHAMPS
	50 Breast	54.86	7-Mar-08	SWAT UT	Noah S. Housley at 2008 UT SC BC CHAMPS
	100 Breast	2:26.55	23-Feb-07	SWAT UT	Charlie BAGGETT at Park City Winter Invitational - Feb 2007
	50 Fly	50.70	18-Jul-08	SWAT UT	Noah S. Housley at PCAT Last Chance Meet
	100 IM	10:00.00	1-Oct-05	SWAT	a
10 & U	50 Free	31.24	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
	100 Free	1:09.48	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
	200 Free	2:34.06	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
	50 Back	39.09	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
	100 Back	1:24.42	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
	50 Breast	44.86	6-Oct-06	SWAT UT	Collin Horrocks at Park City Fall Classic - Oct 2006
	100 Breast	1:34.83	16-Mar-11	SWAT UT	Ty Tate at 2011 Ut SC JO Champs
	50 Fly	37.92	28-Dec-09	SWAT UT	Noah S. Housley at 44th Annual Holiday Open
	100 Fly	1:31.26	17-Mar-10	SWAT UT	Noah S. Housley at 2010 UT SC JO CHAMPS
	100 IM	1:22.93	16-Mar-11	SWAT UT	Ty Tate at 2011 Ut SC JO Champs
	200 IM	2:58.48	15-Mar-06	SWAT UT	Ethan POLLOCK at 2006 Utah SC JO Championships
11-12	50 Free	28.57	13-Dec-08	SWAT UT	Collin Horrocks at 2008 December 13 Developmental Meet
	100 Free	1:02.67	5-Oct-07	SWAT UT	Devin FROERER at 2007 Park City Fall Classic
	200 Free	2:21.73	19-Oct-07	SWAT UT	Devin FROERER at HAST Trick-or-Treat Invitational
	500 Free	6:50.67	23-Feb-07	SWAT UT	Jonathan QUINCY at Park City Winter Invitational - Feb 2007
	50 Back	36.79	29-Dec-06	SWAT UT	Jonathan QUINCY at Holiday Open BC Meet
	100 Back	1:19.07	13-Jan-07	SWAT UT	Jonathan QUINCY at OTAC Jan Developmental Meet
	200 Back	10:00.00	1-Oct-05	SWAT	a
	50 Breast	36.65	24-Oct-08	SWAT UT	Collin Horrocks at HASTTrick-or-Treat Meet
	100 Breast	1:21.03	21-Nov-08	SWAT UT	Collin Horrocks at Murray Thanksgiving Invitational
	50 Fly	31.56	27-Dec-07	SWAT UT	Devin FROERER at 2007 Kearns Holiday Open
	100 Fly	1:12.82	5-Oct-07	SWAT UT	Devin FROERER at 2007 Park City Fall Classic
	100 IM	1:11.83	21-Nov-08	SWAT UT	Collin Horrocks at Murray Thanksgiving Invitational
	200 IM	2:51.77	23-Feb-07	SWAT UT	Jonathan QUINCY at Park City Winter Invitational - Feb 2007
	400 IM	10:00.00	1-Oct-05	SWAT	a
	200 Free Relay	2:09.61	28-Dec-06	SWAT UT	SouthWest Aquatic Team J. QUINCY, J. JOHNSON, C. Horrocks, D
	400 Free Relay	30:00.00	1-Oct-05	SWAT	A A
	200 Medley Relay	30:00.00	1-Oct-05	SWAT	A A
13-14	50 Free	24.77	18-Mar-09	SWAT UT	Josh Haslam at 2009 State
	100 Free	54.06	28-Dec-09	SWAT UT	Devin FROERER at 44th Annual Holiday Open
	200 Free	1:59.30	28-Dec-09	SWAT UT	Devin FROERER at 44th Annual Holiday Open
	500 Free	5:16.23	10-Feb-06	SWAT UT	Red KOYLE at 2006 UT SC 5A STATE CHAMPS
	100 Back	1:03.72	18-Mar-09	SWAT UT	Blair A. Roberts at 2009 State
	200 Back	2:14.93	18-Mar-09	SWAT UT	Blair A. Roberts at 2009 State
	100 Breast	1:13.65	1-Oct-10	SWAT UT	Collin Horrocks at 2010 UT PARK CITY FALL CLASSIC
	200 Breast	2:44.51	1-Oct-10	SWAT UT	Collin Horrocks at 2010 UT PARK CITY FALL CLASSIC
	100 Fly	56.28	18-Mar-09	SWAT UT	Josh Haslam at 2009 State
	200 Fly	2:16.31	18-Mar-09	SWAT UT	Josh Haslam at 2009 State

**SouthWest Aquatic Team
SWAT Crawdads**

RECORDS SWAT Team Records

13-14	200 IM	2:15.57	3-Oct-08	SWAT UT	Shane Callihan at 2008 PCAT Fall Classic		
	400 IM	10:00.00	1-Oct-05	SWAT	a		
	200 Free Relay	1:49.26	18-Mar-09	SWAT UT	SouthWest Aquatic Team	B. Roberts, J. QUINCY, D. FROERER, J.	
	400 Free Relay	3:58.58	18-Mar-09	SWAT UT	SouthWest Aquatic Team	B. Roberts, W. Weiler, J. QUINCY, J. Has	
	200 Medley Relay	1:57.37	18-Mar-09	SWAT UT	SouthWest Aquatic Team	B. Roberts, J. QUINCY, J. Haslam, D. FR	
15-16	50 Free	22.92	12-Feb-10	SWAT UT	Josh Haslam at 2010 UT 5A HIGH SCHOOL OBSERVED		
	100 Free	49.90	10-Feb-06	SWAT UT	Josh RUECKERT at 2006 UT SC 5A STATE CHAMPS		
	200 Free	1:49.60	10-Feb-06	SWAT UT	Josh RUECKERT at 2006 UT SC 5A STATE CHAMPS		
	500 Free	5:05.47	31-Jan-07	SWAT UT	Red KOYLE at Region III Swimming Championships		
	1000 Free	11:53.30	28-Dec-06	SWAT UT	Matt SMITH at 2006 Holiday Open Invite		
	1650 Free	18:46.43	23-Feb-06	SWAT UT	Red KOYLE at 2006 UT SC HAST LAST CHANCE		
	100 Back	57.53	1-Oct-10	SWAT UT	Shane Callihan at 2010 UT PARK CITY FALL CLASSIC		
	200 Back	2:08.49	28-Dec-06	SWAT UT	Cody Stewart at 2006 Holiday Open Invite		
	100 Breast	1:04.07	12-Feb-10	SWAT UT	Mitch Boudreaux at 2010 UT 5A HIGH SCHOOL OBSERVED		
	200 Breast	2:28.12	28-Dec-06	SWAT UT	Jordan Westra at 2006 Holiday Open Invite		
	100 Fly	54.03	12-Feb-10	SWAT UT	Josh Haslam at 2010 UT 5A HIGH SCHOOL OBSERVED		
	200 Fly	2:09.43	3-Mar-06	SWAT UT	Matt DAVIES at Utah Swimming SC Senior Championships 2006		
	200 IM	2:06.82	13-Feb-09	SWAT UT	Shane Callihan at 2009 UT 5A OBSERVED		
	400 IM	4:46.79	25-Feb-11	SWAT UT	Blair A. Roberts at PCS Winter Invitational		
	15-18	200 Free Relay	30:00.00	5-Oct-05	SWAT	A	A
		400 Free Relay	30:00.00	1-Oct-05	SWAT	A	A
200 Medley Relay		30:00.00	1-Oct-05	SWAT	A	A	
17-18	50 Free	23.28	16-Feb-07	SWAT UT	Josh RUECKERT at 2007 SC UTAH SENIOR CHAMPIONSHIPS		
	100 Free	48.93	13-Feb-09	SWAT UT	Red KOYLE at 2009 UT 5A OBSERVED		
	200 Free	1:46.40	13-Feb-09	SWAT UT	Red KOYLE at 2009 UT 5A OBSERVED		
	500 Free	4:51.13	13-Feb-09	SWAT UT	Red KOYLE at 2009 UT 5A OBSERVED		
	1000 Free	10:48.19	29-Dec-08	SWAT UT	Red KOYLE at 43rd Annual Kearns Holiday Open		
	1650 Free	30:00.00	1-Oct-05	SWAT	a		
	100 Back	56.12	13-Feb-09	SWAT UT	Cody Stewart at 2009 UT 5A OBSERVED		
	200 Back	2:05.02	16-Feb-07	SWAT UT	Matt DAVIES at 2007 SC UTAH SENIOR CHAMPIONSHIPS		
	100 Breast	1:00.70	8-Feb-08	SWAT UT	Jordan Westra at 2008 UT 5A OBSERVED		
	200 Breast	2:19.66	23-Feb-06	SWAT UT	Trevor SALT at 2006 UT SC HAST LAST CHANCE		
	100 Fly	55.46	12-Feb-10	SWAT UT	James Housley at 2010 UT 5A HIGH SCHOOL OBSERVED		
	200 Fly	2:02.02	16-Feb-07	SWAT UT	Matt DAVIES at 2007 SC UTAH SENIOR CHAMPIONSHIPS		
	200 IM	2:03.58	9-Feb-07	SWAT UT	Chunks ANDERSON at 5A State Championships 07		
	400 IM	4:27.33	16-Feb-07	SWAT UT	Chunks ANDERSON at 2007 SC UTAH SENIOR CHAMPIONSHIPS		