

**SouthWest Aquatic Team
SWAT Crawdads**

RECORDS SWAT LONG COURSE REC

LC Meters-Girls

8 & U	100 Free	2:15.35	28-Jul-10	SWAT UT	Laurel Smith at 2010 UT LC B-C FINALE
	50 Breast	1:03.03	21-Jul-06	SWAT UT	Brittnee Westra at 2006 LC B/C Finale
9-10	50 Free	37.94	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
	100 Free	1:22.18	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
	200 Free	2:57.20	5-Jun-09	SWAT UT	Hannah Roberts at Dimple Dell Invite 2009
	50 Back	44.03	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
	100 Back	1:38.63	26-Jun-09	SWAT UT	Hannah Roberts at 2009 UT CHAT JUNE WAS
	50 Breast	51.46	6-Jun-08	SWAT UT	Kailen R. Wightman at Dimple Dell Invitational
	100 Breast	1:51.76	2-Jul-08	SWAT UT	Kailen R. Wightman at 2008 HAST Red, White & Blue Invitational
	50 Fly	43.19	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
	100 Fly	1:42.58	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
	200 IM	3:21.77	29-Jul-09	SWAT UT	Hannah Roberts at 2009 UT LC STATE CHAMPS
11-12	50 Free	31.79	18-Jun-10	SWAT UT	Liesel Bradshaw at 2010 Summer Splash Long Course Classic
	100 Free	1:12.35	28-Jul-10	SWAT UT	Liesel Bradshaw at 2010 UT LC CHAMPS
	200 Free	2:41.28	28-Jul-10	SWAT UT	Liesel Bradshaw at 2010 UT LC CHAMPS
	400 Free	6:52.28	22-Jun-06	SWAT UT	Mackenzie Barrow at Utah Summer Games Age Group and Masters 2006
	50 Back	41.06	2-Jul-08	SWAT UT	Tiani Orr at 2008 HAST Red, White & Blue Invitational
	100 Back	55.61	25-May-10	SWAT UT	Nicole Tonge at 2010 Kearns Long Course Classic
	200 Back	3:21.54	5-Jul-07	SWAT UT	Mackenzie Barrow at 2007 HAST RWB Time Trials
	50 Breast	42.33	30-Jul-08	SWAT UT	Ciera Orr at 2008 UT LC STATE CHAMPS
	100 Breast	1:35.12	30-Jul-08	SWAT UT	Ciera Orr at 2008 UT LC STATE CHAMPS
	200 Breast	3:34.27	28-Jul-10	SWAT UT	Nicole Tonge at 2010 UT LC CHAMPS
	50 Fly	36.05	28-Jul-10	SWAT UT	Liesel Bradshaw at 2010 UT LC CHAMPS
	100 Fly	1:29.76	28-Jul-10	SWAT UT	Hannah Roberts at 2010 UT LC CHAMPS
	200 IM	3:11.15	28-Jul-10	SWAT UT	Hannah Roberts at 2010 UT LC CHAMPS
	400 IM	9:28.88	1-Oct-05	SWAT	AA
13-14	50 Free	30.29	30-Jul-08	SWAT UT	Emalee Guy at 2008 UT LC STATE CHAMPS
	100 Free	1:09.72	1-Jul-09	SWAT UT	Mackenzie Barrow at 2009 HAST Red, White & Blue Invitational
	200 Free	2:31.38	4-May-06	SWAT UT	Amanda MEMMOTT at 2006 UT SC OTAC INVITATIONAL
	400 Free	5:30.33	30-Jun-07	SWAT UT	Kate Westra at 2007 UT LC CHAT WAS MEET
	800 Free	10:39.99	1-Oct-05	SWAT	AA
	100 Back	1:20.43	1-Jul-09	SWAT UT	Mackenzie Barrow at 2009 HAST Red, White & Blue Invitational
	200 Back	2:53.64	1-Jul-09	SWAT UT	Mackenzie Barrow at 2009 HAST Red, White & Blue Invitational
	100 Breast	1:28.70	25-May-10	SWAT UT	Ciera Orr at 2010 Kearns Long Course Classic
	200 Breast	3:09.04	26-Jul-06	SWAT UT	Kate Westra at 2006 Utah Long Course State Championships
	100 Fly	1:22.38	1-Jul-09	SWAT UT	Diana OLSEN at 2009 HAST Red, White & Blue Invitational
	200 Fly	3:01.56	1-Jul-09	SWAT UT	Diana OLSEN at 2009 HAST Red, White & Blue Invitational
	200 IM	2:56.83	21-Jun-07	SWAT UT	Kate Westra at 2007 UT CHAT NON-QUALIFIER
	400 IM	6:17.66	29-Jul-09	SWAT UT	Mackenzie Barrow at 2009 UT LC STATE CHAMPS
	15-16	50 Free	29.62	18-May-07	SWAT UT
100 Free		1:05.68	25-Jul-07	SWAT UT	Amanda MEMMOTT at 2007 UT LC STATE CHAMPS
200 Free		2:27.11	8-Jun-07	SWAT UT	Amanda MEMMOTT at Dimple Dell Invite 2007
400 Free		5:16.75	25-Jul-07	SWAT UT	Alyssa L. Kankamp at 2007 UT LC STATE CHAMPS
800 Free		11:32.44	18-Jun-08	SWAT UT	Kate Westra at 2008 UT CHAT INVITATIONAL
100 Back		1:17.31	28-Jul-10	SWAT UT	Mackenzie Barrow at 2010 UT LC CHAMPS

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15-16	200 Back	2:47.72	28-Jul-10	SWAT UT	Mackenzie Barrow at 2010 UT LC CHAMPS
	100 Breast	1:25.14	1-Aug-09	UT UT	Kate Westra at 2009 UT LC STATE CHAMPS
	200 Breast	2:59.99	29-Jul-09	SWAT UT	Kate Westra at 2009 UT LC STATE CHAMPS
	100 Fly	1:16.56	20-May-08	SWAT UT	Amanda MEMMOTT at Kearns Long Course Classic
	200 Fly	2:56.48	21-Jul-06	SWAT UT	Amanda MEMMOTT at 2006 LC B/C Finale
	200 IM	2:50.15	21-Jul-06	SWAT UT	Amanda MEMMOTT at 2006 LC B/C Finale
	400 IM	6:03.77	29-Jul-09	SWAT UT	Kate Westra at 2009 UT LC STATE CHAMPS
17-18	50 Free	29.83	30-Jul-08	SWAT UT	Amanda MEMMOTT at 2008 UT LC STATE CHAMPS
	100 Free	1:05.49	2-Jul-08	SWAT UT	Amanda MEMMOTT at 2008 HAST Red, White & Blue Invitational
	200 Free	2:29.97	18-Jun-08	SWAT UT	Amanda MEMMOTT at 2008 UT CHAT INVITATIONAL
	400 Free	5:15.31	5-Jul-07	SWAT UT	Amy Gray at 2007 HAST RWB Invitational
	800 Free	11:06.41	25-Jul-07	SWAT UT	Amy Gray at 2007 UT LC STATE CHAMPS
	1500 Free	30:00.00	1-Oct-05	SWAT	AA
	100 Back	1:20.53	2-Jul-08	SWAT UT	Amanda MEMMOTT at 2008 HAST Red, White & Blue Invitational
	200 Back	2:56.32	6-Jul-06	SWAT UT	Whitney DIMICK at HAST Red, White, & Blue Invitational '06
	100 Breast	1:22.78	30-Jul-08	SWAT UT	Amy Gray at 2008 UT LC STATE CHAMPS
	200 Breast	2:59.77	30-Jul-08	SWAT UT	Amy Gray at 2008 UT LC STATE CHAMPS
	100 Fly	1:17.17	30-Jul-08	SWAT UT	Amanda MEMMOTT at 2008 UT LC STATE CHAMPS
	200 Fly	3:00.35	30-Jul-08	SWAT UT	Amanda MEMMOTT at 2008 UT LC STATE CHAMPS
	200 IM	2:46.74	25-Jul-07	SWAT UT	Amy Gray at 2007 UT LC STATE CHAMPS
	400 IM	6:01.11	28-Jul-10	SWAT UT	Kate Westra at 2010 UT LC CHAMPS

**SouthWest Aquatic Team
SWAT Crawlads**

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LC Meters-Boys

8 & U	50 Free	45.65	6-Jul-06	SWAT UT	Charlie BAGGETT at HAST Red, White & Blue B-C Medals Meet '06
	100 Free	2:28.32	8-Jun-07	SWAT UT	Charlie BAGGETT at Dimple Dell Invite 2007
	50 Back	1:12.28	21-Jul-06	SWAT UT	Charlie BAGGETT at 2006 LC B/C Finale
	100 Back	2:19.52	21-Jul-06	SWAT UT	Charlie BAGGETT at 2006 LC B/C Finale
	50 Breast	1:12.01	2-Jun-06	SWAT UT	Charlie BAGGETT at 2006 UT LC DDDR INVITE
	100 Breast	2:45.80	22-May-07	SWAT UT	Charlie BAGGETT at Kearns Long Course Classic
	50 Fly	5:55.55	1-Oct-05	SWAT	AA
9-10	50 Free	36.42	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	100 Free	1:19.99	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	200 Free	2:57.15	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	50 Back	44.76	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	100 Back	1:37.65	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	50 Breast	54.38	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	100 Breast	1:57.39	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	50 Fly	45.90	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
	100 Fly	5:55.55	1-Oct-05	SWAT	AA
	200 IM	3:19.62	4-May-06	SWAT UT	Ethan POLLOCK at 2006 UT SC OTAC INVITATIONAL
11-12	50 Free	31.91	25-Jul-07	SWAT UT	Devin FROERER at 2007 UT LC STATE CHAMPS
	100 Free	1:10.90	25-Jul-07	SWAT UT	Devin FROERER at 2007 UT LC STATE CHAMPS
	200 Free	2:40.92	25-Jul-07	SWAT UT	Devin FROERER at 2007 UT LC STATE CHAMPS
	50 Back	45.32	20-May-08	SWAT UT	Collin Horrocks at Kearns Long Course Classic
	200 Back	5:55.55	1-Oct-05	SWAT	AA
	50 Breast	43.92	18-Jun-08	SWAT UT	Collin Horrocks at 2008 UT CHAT INVITATIONAL
	100 Breast	1:37.00	18-Jun-08	SWAT UT	Collin Horrocks at 2008 UT CHAT INVITATIONAL
	200 Breast	5:55.55	1-Oct-05	SWAT	AA
	50 Fly	37.85	25-May-10	SWAT UT	Justin T. Froerer at 2010 Kearns Long Course Classic
	100 Fly	1:33.74	1-Jun-07	SWAT UT	Devin FROERER at SYAC INVITATIONAL
	200 IM	3:15.29	5-Jul-07	SWAT UT	Devin FROERER at 2007 HAST RWB Invitational
400 IM	9:28.88	1-Oct-05	SWAT	AA	
13-14	50 Free	27.16	30-Jul-08	SWAT UT	Shane Callihan at 2008 UT LC STATE CHAMPS
	100 Free	59.22	30-Jul-08	SWAT UT	Shane Callihan at 2008 UT LC STATE CHAMPS
	200 Free	2:22.96	1-Jul-09	SWAT UT	Devin FROERER at 2009 HAST Red, White & Blue Invitational
	400 Free	5:15.90	5-Jun-09	SWAT UT	Blair A. Roberts at Dimple Dell Invite 2009
	800 Free	10:39.99	1-Oct-05	SWAT	AA
	100 Back	1:11.98	18-Jun-08	SWAT UT	Shane Callihan at 2008 UT CHAT INVITATIONAL
	200 Back	2:45.18	1-Jul-09	SWAT UT	Blair A. Roberts at 2009 HAST Red, White & Blue Invitational
	100 Breast	1:24.57	2-Jul-08	SWAT UT	Shane Callihan at 2008 HAST Red, White & Blue Invitational
	200 Breast	3:15.05	25-May-10	SWAT UT	Collin Horrocks at 2010 Kearns Long Course Classic
	100 Fly	1:06.73	30-Jul-08	SWAT UT	Shane Callihan at 2008 UT LC STATE CHAMPS
	200 Fly	2:41.69	1-Jul-09	SWAT UT	Josh Haslam at 2009 HAST Red, White & Blue Invitational
	200 IM	2:34.82	30-Jul-08	SWAT UT	Shane Callihan at 2008 UT LC STATE CHAMPS
	400 IM	10:39.99	1-Oct-05	SWAT	AA
	15-16	50 Free	25.95	8-Aug-06	UT UT
100 Free		56.56	26-Jul-06	SWAT UT	Josh RUECKERT at 2006 Utah Long Course State Championships
200 Free		2:07.16	8-Aug-06	UT UT	Josh RUECKERT at 2006 Western Zone Swimming Championship

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RECORDS SWAT LONG COURSE REC

15-16	400 Free	4:50.80	28-Jul-10	SWAT UT	Blair A. Roberts at 2010 UT LC CHAMPS
	800 Free	10:01.94	26-Jul-06	SWAT UT	Josh RUECKERT at 2006 Utah Long Course State Championships
	100 Back	1:07.69	25-Jul-07	SWAT UT	Cody Stewart at 2007 UT LC STATE CHAMPS
	200 Back	2:28.76	25-Jul-07	SWAT UT	Cody Stewart at 2007 UT LC STATE CHAMPS
	100 Breast	1:19.36	26-May-06	SWAT UT	Jordan Westra at Arizona Age Group Cactus Classic
	200 Breast	2:52.19	26-Jul-06	SWAT UT	Jordan Westra at 2006 Utah Long Course State Championships
	100 Fly	1:05.61	26-Jul-06	SWAT UT	Chunks ANDERSON at 2006 Utah Long Course State Championships
	200 Fly	2:30.15	28-Jul-10	SWAT UT	Josh Haslam at 2010 UT LC CHAMPS
	200 IM	2:34.23	6-Jul-06	SWAT UT	Chunks ANDERSON at HAST Red, White, & Blue Invitational '06
	400 IM	5:27.73	26-Jul-06	SWAT UT	Chunks ANDERSON at 2006 Utah Long Course State Championships
17-18	50 Free	26.78	29-Jul-09	SWAT UT	James Housley at 2009 UT LC STATE CHAMPS
	100 Free	58.55	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	200 Free	2:12.53	30-Jul-08	SWAT UT	Cody Stewart at 2008 UT LC STATE CHAMPS
	400 Free	4:46.66	30-Jul-08	SWAT UT	Cody Stewart at 2008 UT LC STATE CHAMPS
	800 Free	10:39.99	1-Oct-05	SWAT	AA
	1500 Free	20:36.39	18-May-07	SWAT UT	Matt SMITH at Marlins 2 day Invitational
	100 Back	1:04.16	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	200 Back	2:18.02	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	100 Breast	1:12.54	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	200 Breast	2:41.42	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	100 Fly	1:01.86	25-Jul-07	SWAT UT	Chunks ANDERSON at 2007 UT LC STATE CHAMPS
	200 Fly	2:22.01	25-Jul-07	SWAT UT	Chunks ANDERSON at 2007 UT LC STATE CHAMPS
	200 IM	2:18.59	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship
	400 IM	5:00.86	8-Aug-06	UT UT	Trevor SALT at 2006 Western Zone Swimming Championship