

2009-2012 USA Swimming Motivational Times - Top 16 Based (SCY)

Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	10 & Under	AAAA	AAA	AA	A	BB	B	JO's
35.19	39.79	35.99	32.19	30.89	29.59	28.29	50 Free	27.99	29.19	30.39	31.59	35.19	38.89	35.19
1:20.39	1:31.29	1:21.59	1:11.89	1:08.69	1:05.39	1:02.19	100 Free	1:01.49	1:04.59	1:07.69	1:10.79	1:19.99	1:29.19	1:20.69
2:58.29	3:20.19	2:58.29	2:36.39	2:29.09	2:21.79	2:14.39	200 Free	2:12.89	2:19.29	2:25.59	2:31.89	2:50.89	3:09.89	2:53.89
7:13.99	8:30.49	7:39.49	6:48.39	6:31.39	6:14.39	5:57.39	500 Free	5:54.09	6:10.89	6:27.79	6:44.59	7:35.19	8:25.79	7:09.99
41.59	48.79	43.49	38.09	36.39	34.59	32.79	50 Back	32.79	34.59	36.49	38.29	43.69	49.19	42.99
1:31.79	1:45.69	1:33.99	1:22.19	1:18.29	1:14.39	1:10.49	100 Back	1:10.49	1:14.09	1:17.69	1:21.29	1:32.09	1:42.89	1:34.59
47.49	53.59	47.79	41.99	40.09	38.19	36.29	50 Breast	36.69	38.39	40.29	42.19	47.89	53.59	48.69
1:44.99	1:59.99	1:46.69	1:33.39	1:28.89	1:24.49	1:19.99	100 Breast	1:20.59	1:23.79	1:27.79	1:31.79	1:43.69	1:55.69	1:46.49
43.19	48.79	42.99	37.29	35.29	33.39	31.49	50 Fly	31.29	33.09	34.89	36.69	41.99	47.29	43.19
1:43.59	1:57.49	1:42.09	1:26.69	1:21.59	1:16.49	1:11.29	100 Fly	1:10.79	1:15.69	1:20.59	1:25.59	1:40.39	1:55.19	1:42.09
1:32.09	1:44.99	1:33.79	1:22.59	1:18.89	1:15.19	1:11.49	100 IM	1:10.89	1:14.29	1:17.69	1:21.09	1:31.19	1:41.29	1:30.99
3:19.39	3:42.69	3:19.39	2:55.99	2:48.19	2:40.39	2:32.69	200 IM	2:32.49	2:40.09	2:47.69	2:55.29	3:18.09	3:40.89	3:19.39
JO's	B	BB	A	AA	AAA	AAAA	11-12	AAAA	AAA	AA	A	BB	B	JO's
30.39	34.29	31.89	29.49	28.29	27.09	25.99	50 Free	25.09	26.19	27.39	28.59	30.99	33.39	30.59
1:07.99	1:13.59	1:08.29	1:03.09	1:00.49	57.79	55.19	100 Free	54.79	57.39	59.99	1:02.69	1:07.89	1:13.09	1:07.49
2:30.79	2:43.19	2:31.49	2:19.89	2:14.09	2:08.19	2:02.39	200 Free	1:59.19	2:04.89	2:10.49	2:16.19	2:27.49	2:38.89	2:29.79
6:40.09	7:10.79	6:40.09	6:09.29	5:53.89	5:38.49	5:23.09	500 Free	5:19.09	5:34.29	5:49.49	6:04.69	6:35.09	7:05.49	6:36.49
	15:00.29	13:55.99	12:51.69	12:19.49	11:47.39	11:15.19	1000 Free	11:07.59	11:39.29	12:11.09	12:42.89	13:46.49	14:50.09	
	25:16.19	23:27.89	21:39.59	20:45.49	19:51.29	18:57.19	1650 Free	18:43.09	19:36.59	20:30.09	21:23.59	23:10.49	24:57.49	
36.19	39.59	36.79	33.89	32.49	31.09	29.69	50 Back	28.99	30.49	31.99	33.49	36.49	39.49	36.89
1:18.69	1:27.99	1:21.09	1:14.19	1:10.69	1:07.29	1:03.79	100 Back	1:02.19	1:05.59	1:08.89	1:12.29	1:19.09	1:25.79	1:19.19
2:52.69	3:01.89	2:48.89	2:35.89	2:29.39	2:22.99	2:16.49	200 Back	2:13.79	2:20.19	2:26.49	2:32.89	2:45.59	2:58.39	2:46.49
40.99	44.09	40.89	37.79	36.19	34.59	33.09	50 Breast	32.09	33.79	35.59	37.29	40.79	44.29	40.99
1:28.89	1:36.39	1:29.29	1:22.19	1:18.59	1:15.09	1:11.49	100 Breast	1:09.69	1:13.29	1:16.89	1:20.49	1:27.79	1:35.09	1:28.89
3:13.99	3:26.39	3:11.69	2:56.89	2:49.59	2:42.19	2:34.79	200 Breast	2:31.29	2:38.49	2:45.69	2:52.89	3:07.29	3:21.69	3:07.09
35.29	37.79	35.09	32.39	31.09	29.69	28.39	50 Fly	27.59	29.09	30.59	32.09	35.19	38.19	35.59
1:21.09	1:27.19	1:20.19	1:13.19	1:09.79	1:06.29	1:02.79	100 Fly	1:01.09	1:04.59	1:08.19	1:11.69	1:18.69	1:25.79	1:19.69
2:51.59	3:04.99	2:51.79	2:38.59	2:31.99	2:25.39	2:18.79	200 Fly	2:15.89	2:22.39	2:28.79	2:35.29	2:48.29	3:01.19	2:48.29
1:19.39	1:26.29	1:20.09	1:13.99	1:10.89	1:07.79	1:04.69	100 IM	1:02.39	1:05.39	1:08.49	1:11.49	1:17.59	1:23.69	1:18.29
2:50.69	3:03.79	2:50.69	2:37.59	2:30.99	2:24.39	2:17.89	200 IM	2:14.99	2:21.79	2:28.69	2:35.59	2:49.39	3:03.09	2:51.19
6:09.39	6:32.19	6:04.19	5:36.09	5:22.09	5:08.09	4:54.09	400 IM	4:47.79	5:01.49	5:15.19	5:28.89	5:56.29	6:23.69	6:00.69
JO's	B	BB	A	AA	AAA	AAAA	13-14	AAAA	AAA	AA	A	BB	B	JO's
28.59	33.39	30.99	28.69	27.49	26.29	25.09	50 Free	22.99	24.09	25.19	26.29	28.49	30.69	27.59
1:02.99	1:12.49	1:07.39	1:02.19	59.59	56.99	54.39	100 Free	50.29	52.69	55.09	57.39	1:02.19	1:06.99	59.99
2:19.09	2:36.09	2:24.99	2:13.79	2:08.19	2:02.69	1:57.09	200 Free	1:49.59	1:54.79	1:59.99	2:05.29	2:15.69	2:26.09	2:14.39
6:15.49	6:51.79	6:22.39	5:52.99	5:38.29	5:23.49	5:08.79	500 Free	4:53.29	5:07.29	5:21.29	5:35.19	6:03.19	6:31.09	6:02.99
13:08.29	14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	10:36.69	1000 Free	10:09.39	10:38.39	11:07.39	11:36.39	12:34.39	13:32.49	12:43.59
21:53.19	23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	17:40.69	1650 Free	16:51.29	17:39.39	18:27.59	19:15.69	20:51.99	22:28.29	21:17.79
1:11.29	1:19.89	1:14.19	1:08.49	1:05.59	1:02.79	59.89	100 Back	56.19	58.89	1:01.49	1:04.19	1:09.59	1:14.89	1:09.79
2:38.19	2:51.79	2:39.59	2:27.29	2:21.19	2:14.99	2:08.89	200 Back	2:00.99	2:06.69	2:12.49	2:18.19	2:29.79	2:41.29	2:33.79
1:22.39	1:30.59	1:24.09	1:17.59	1:14.39	1:11.19	1:07.89	100 Breast	1:03.09	1:06.09	1:09.09	1:12.09	1:18.09	1:24.09	1:19.89
2:58.09	3:14.59	3:00.69	2:46.79	2:39.79	2:32.89	2:25.89	200 Breast	2:16.79	2:23.29	2:29.79	2:36.29	2:49.39	3:02.39	2:53.19
1:14.49	1:19.09	1:13.49	1:07.79	1:04.99	1:02.19	59.39	100 Fly	54.99	57.59	1:00.29	1:02.89	1:08.09	1:13.29	1:10.09
2:40.99	2:53.39	2:40.99	2:28.59	2:22.39	2:16.29	2:10.09	200 Fly	2:02.79	2:08.59	2:14.39	2:20.29	2:31.99	2:43.69	2:34.59
2:37.39	2:55.49	2:42.99	2:30.49	2:24.19	2:17.89	2:11.69	200 IM	2:02.79	2:08.59	2:14.39	2:20.29	2:31.99	2:43.69	2:31.99
5:44.49	6:10.79	5:44.29	5:17.79	5:04.59	4:51.29	4:38.09	400 IM	4:22.89	4:35.49	4:47.99	5:00.49	5:25.49	5:50.59	5:29.29

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Girls							Event	Boys						
JO's	B	BB	A	AA	AAA	AAAA	15-16	AAAA	AAA	AA	A	BB	B	JO's
27.29	32.69	30.39	27.99	26.89	25.69	24.49	50 Free	22.19	23.19	24.29	25.29	27.39	29.49	24.09
59.39	1:10.89	1:05.79	1:00.79	58.19	55.69	53.19	100 Free	48.29	50.59	52.89	55.19	59.79	1:04.39	52.79
2:09.09	2:32.09	2:21.19	2:10.39	2:04.89	1:59.49	1:54.09	200 Free	1:45.09	1:50.09	1:55.09	2:00.09	2:10.09	2:20.09	1:57.29
5:48.99	6:45.29	6:16.29	5:47.39	5:32.89	5:18.49	5:03.99	500 Free	4:43.79	4:57.29	5:10.79	5:24.29	5:51.29	6:18.39	5:22.49
12:21.39	13:55.19	12:55.49	11:55.89	11:25.99	10:56.19	10:26.39	1000 Free	9:48.19	10:16.19	10:44.19	11:12.19	12:08.19	13:04.19	11:34.19
20:03.89	23:18.89	21:38.89	19:58.89	19:08.99	18:18.99	17:29.09	1650 Free	16:26.99	17:13.99	18:00.99	18:47.99	20:21.89	21:55.89	19:07.59
1:08.19	1:17.69	1:12.09	1:06.59	1:03.79	1:00.99	58.29	100 Back	53.49	55.99	58.59	1:01.09	1:06.19	1:11.29	1:02.19
2:27.29	2:47.89	2:35.89	2:23.89	2:17.89	2:11.89	2:05.89	200 Back	1:55.79	2:01.29	2:06.79	2:12.39	2:23.39	2:34.39	2:14.89
1:17.19	1:28.29	1:21.99	1:15.69	1:12.49	1:09.39	1:06.19	100 Breast	1:00.29	1:03.19	1:05.99	1:08.89	1:14.69	1:20.39	1:09.09
2:46.89	3:09.99	2:56.39	2:42.79	2:35.99	2:29.29	2:22.49	200 Breast	2:11.39	2:17.59	2:23.89	2:30.09	2:42.59	2:55.09	2:37.69
1:07.89	1:17.39	1:11.79	1:06.29	1:03.59	1:00.79	57.99	100 Fly	52.59	55.09	57.59	1:00.09	1:05.09	1:10.09	59.99
2:34.69	2:48.59	2:36.49	2:24.49	2:18.49	2:12.39	2:06.39	200 Fly	1:56.69	2:02.29	2:07.79	2:13.39	2:24.49	2:35.59	2:21.29
2:26.89	2:51.49	2:39.29	2:26.99	2:20.89	2:14.79	2:08.69	200 IM	1:58.29	2:03.89	2:09.49	2:15.09	2:26.39	2:37.69	2:13.29
5:18.29	6:01.49	5:35.69	5:09.89	4:56.99	4:44.09	4:31.19	400 IM	4:11.89	4:23.89	4:35.79	4:47.79	5:11.79	5:35.79	4:51.09
JO's	B	BB	A	AA	AAA	AAAA	17-18	AAAA	AAA	AA	A	BB	B	JO's
27.29	32.39	30.09	27.79	26.59	25.49	24.29	50 Free	21.49	22.49	23.49	24.49	26.59	28.59	24.09
59.39	1:09.89	1:04.89	59.89	57.39	54.89	52.39	100 Free	46.89	49.19	51.39	53.59	58.09	1:02.59	52.79
2:09.09	2:30.99	2:20.29	2:09.49	2:04.09	1:58.69	1:53.29	200 Free	1:43.29	1:48.19	1:53.19	1:58.09	2:07.89	2:17.69	1:57.29
5:48.99	6:42.39	6:13.69	5:44.99	5:30.59	5:16.19	5:01.79	500 Free	4:37.99	4:51.19	5:04.49	5:17.69	5:44.19	6:10.59	5:22.49
12:21.39	13:52.59	12:53.09	11:53.59	11:23.89	10:54.19	10:24.39	1000 Free	9:40.89	10:08.49	10:36.19	11:03.89	11:59.19	12:54.49	11:34.19
20:03.89	23:06.19	21:27.19	19:48.19	18:58.69	18:09.19	17:19.69	1650 Free	16:08.79	16:54.89	17:41.09	18:27.19	19:59.39	21:31.69	19:07.59
1:08.19	1:17.19	1:11.69	1:06.19	1:03.39	1:00.59	57.89	100 Back	51.79	54.29	56.79	59.19	1:04.19	1:09.09	1:02.19
2:27.29	2:47.29	2:35.39	2:23.39	2:17.39	2:11.49	2:05.49	200 Back	1:52.99	1:58.29	2:03.69	2:09.09	2:19.89	2:30.59	2:14.89
1:17.19	1:27.79	1:21.49	1:15.29	1:12.09	1:08.99	1:05.89	100 Breast	59.09	1:01.89	1:04.79	1:07.59	1:13.19	1:18.79	1:09.09
2:46.89	3:09.29	2:55.79	2:42.29	2:35.49	2:28.69	2:21.99	200 Breast	2:08.69	2:14.79	2:20.89	2:27.09	2:39.29	2:51.59	2:37.69
1:07.89	1:16.39	1:10.99	1:05.49	1:02.79	59.99	57.29	100 Fly	51.29	53.79	56.19	58.69	1:03.59	1:08.39	59.99
2:34.69	2:46.49	2:34.59	2:22.69	2:16.69	2:10.79	2:04.89	200 Fly	1:53.39	1:58.79	2:04.19	2:09.59	2:20.39	2:31.19	2:21.29
2:26.89	2:49.49	2:37.39	2:25.29	2:19.29	2:13.19	2:07.19	200 IM	1:55.19	2:00.69	2:06.19	2:11.69	2:22.59	2:33.59	2:13.29
5:18.29	6:01.29	5:35.49	5:09.69	4:56.79	4:43.89	4:30.99	400 IM	4:07.09	4:18.89	4:30.69	4:42.39	5:05.99	5:29.49	4:51.09

Women

Men

SECT	JR(Bonus)	JR Nats	USO(Bonus)	US OPEN	NAT	WCTrials	Event	WCTrials	NAT	US OPEN	USO(Bonus)	JR Nats	JR(Bonus)	SECT
25.10	24.09	23.39	23.39	22.99	22.89	22.89	50 Free	19.99	19.99	20.29	20.89	20.89	21.59	22.49
54.23	52.19	51.09	51.09	50.19	49.69	49.69	100 Free	43.89	43.89	44.49	45.89	45.89	46.89	49.05
1:56.84	1:52.09	1:50.09	1:50.09	1:48.29	1:47.19	1:47.19	200 Free	1:36.49	1:36.49	1:38.09	1:40.69	1:40.69	1:42.89	1:47.20
5:12.19	4:57.09	4:52.99	4:52.99	4:47.79	4:45.49	4:45.49	500 Free	4:22.69	4:22.69	4:25.29	4:33.69	4:33.69	4:36.59	4:51.69
10:46.09	10:14.39	10:05.99	10:05.99	9:58.89	9:59.39	9:59.39	1000 Free		9:17.29	9:16.89	9:26.09	9:26.09	9:36.29	10:14.69
18:09.88	17:00.99	16:48.49	16:48.49	16:30.59	16:28.79		1650 Free	15:24.49	15:24.49	15:30.69	15:51.49	15:51.49	16:03.29	17:15.12
1:00.90	57.79	56.19	56.19	55.79	54.79	54.79	100 Back	48.59	48.59	49.59	51.39	51.39	52.19	56.09
2:11.05	2:04.19	2:01.19	2:01.19	2:00.09	1:58.29	1:58.29	200 Back	1:45.89	1:45.89	1:47.89	1:51.39	1:51.39	1:53.09	2:01.79
1:09.69	1:05.29	1:04.29	1:04.29	1:03.19	1:02.39	1:02.39	100 Breast	54.86	54.86	55.89	57.89	57.89	58.69	1:02.19
2:30.51	2:21.39	2:17.99	2:17.99	2:16.69	2:14.99	2:14.99	200 Breast	1:59.89	1:59.89	2:01.69	2:06.29	2:06.29	2:07.99	2:18.49
59.61	57.29	55.59	55.59	54.99	53.89	53.89	100 Fly	47.89	47.89	48.59	50.29	50.29	51.19	54.09
2:12.77	2:05.69	2:02.49	2:02.49	2:00.69	1:59.29	1:59.29	200 Fly	1:46.79	1:46.79	1:48.59	1:51.99	1:51.99	1:53.99	2:01.79
2:12.30	2:06.89	2:03.49	2:03.49	2:01.79	2:00.29	2:00.29	200 IM	1:47.59	1:47.59	1:49.69	1:52.79	1:52.79	1:54.59	2:00.69
4:39.31	4:28.49	4:20.79	4:20.79	4:19.79	4:16.29	4:16.29	400 IM	3:53.29	3:53.29	3:58.29	3:59.89	3:59.89	4:04.09	4:18.89